



Changing the way people think, act and talk about dementia.



Dementia Friends Washington
is working to increase awareness
and community support for people
with dementia and their caregivers.



WHY THIS MATTERS

- Majority of people living with dementia live in the community interacting with the public everyday
- Prevalence of dementia is growing in Washington state: 120,000 people live with dementia and 297,000 care for someone living with dementia



Join the Movement of Dementia Friends Washington

- Anyone can become a **Dementia Friend** by attending a free informational session.
- Increase your understanding, challenge stigma, connect to local resources, and engage in community support.



CONTACT

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